

## Small Intestine Diseases

The small intestine, which is also called small bowel, is the section of the gastrointestinal tract that lies between the stomach and the large intestine. The small intestine consists of duodenum, jejunum, and ileum. Though it is called little intestine, it is really the largest part of the digestive tract. The length of the small intestine in adults is around 6 meters. Though the large intestine has to do with 1.5 meters long, it is called so due to its width. While the small intestine is around 2.5 to 3.5 cm wide, the size of the large intestine is about 10 cm. Small bowel performs vital functions including digestion of food and absorption of essential nutrients from the food into the body. There are a number of diseases that can affect the function of the little bowel in a negative way.



### Drug Interactions

Xanax can interact with certain drugs such as barbiturates, which may exacerbate its sedative properties. Also, antifungal agents like ketoconazole and itraconazole can slow down the metabolism of Xanax, making its sedative effect last longer. So, notify your doctor if your pet is put on any other medication.

**Causes:** This condition can result from trauma to the intestinal tract during a surgical treatment. Perforation could also take place during procedures such as enema or colonoscopy. Swallowing a sharp object can also lead to an injury. Medical conditions that can make a person susceptible to this condition include appendicitis, Crohn's disease, ulcerative colitis, diverticulitis, roundworm problem, or cancer.

### Small Intestine Cancer

Cancer is a major medical condition that is characterized by development of a growth due to abnormal and uncontrolled cell division. Small bowel cancer is rare when compared with other cancers of the intestinal tract. There are five types of cancer that can affect the small bowel. These include adenocarcinoma, gastrointestinal stromal tumor, lymphoma, sarcoma, and carcinoid tumors.

Stools floating is perfectly normal, thanks to its high water content. Stools that drift usually have brownish-yellow color. They are soft, but that doesn't mean they are watery. Most importantly, they are not hard, thus one does not experience any pain during defecation. Normal stools that float have a diameter of around 3-3.5 cm and they do not produce any foul smell. Also, the floating poop is not large in size and every bowel movement tosses 3-4 medium-sized stools.

**Symptoms:** A person who is suffering from this condition is likely to experience symptoms such as pain, a feeling of fullness, extreme gas, distended stomach, diarrhea, bloating, or stomach cramps.

### Side Effects

Sleepiness is the most commonly observed side effect of Xanax in dogs. So your pet if put on this anti-anxiety medication may become too sleepy. However, this excessive sleepiness can make your pet rather clumsy. However, this sedative effect in your pet may show that it has been administered in higher dosages than recommended. Xanax, when given at a lower dose, can help relieve stress and anxiety without causing any sedation. So make sure that the drug is administered in the right dose. Other side effects that might occur include gastrointestinal upset, which may cause throwing up, gas, and **diarrhea**.

### Excellent or Bad?

Now we have finally reached the conclusive point of the uncertainty about flaxseed oil. Well, in spite of being mentioned as the wealthiest plant source of different nutrients, flaxseed and its oil has numerous side effects. Although abundant in fats, they are not enough to provide you all the health and healing properties that you need. In fact, various clinical studies have proven in the past that most of the so-called benefits of flaxseed oil are absolutely nothing but a marketing extravaganza.

Order to boost up their sales and market value of their products, many producers have begun to bring in support for a couple of false health effects. It is true that this oil includes various essential nutrients, but their amount is not enough to supply major health benefits! Hence, according to scientists, claims of flaxseed oil being effective against numerous types of cancer like prostate cancer, breast cancer, inflammation and different inflammatory diseases and various autoimmune illness, are not so true. In reality, experts claim that increased consumption of this oil may rather get worse particular medical conditions like diabetes and gastrointestinal diseases.

### Ulcerative Colitis

Another kind of inflammatory bowel disease associated with white fluffy mucus in stool is the condition referred to as ulcerative colitis. This occurs when part of the digestive system is chronically irritated, and ulcers form on the lining of the colon. Bleeding may occur in these ulcers, accompanied by the production of pus or mucus, which may be eventually passed in the stool. Symptoms other than mucus, might include rectal bleeding, abdominal cramps, weight reduction, bloody diarrhea, fatigue, and dehydration.

**Symptoms:** Children affected by this condition are likely to experience severe stomach pain, bloating, irregularity, nausea, vomiting and sudden weight loss. In adults, the symptoms consist of joint pain, seizures, fatigue and anemia. Irregularities in menstruation might be experienced by women who suffer from celiac disease.

- Treatment: Problems can occur when the contents of the intestinal tract spill over from the perforation into the abdomen.
- The treatment of this condition involves repairing the perforation through surgery.

“ Treatment - if the condition gets diagnosed at an early stage, then medications to soften stools, suppositories and other medications are good enough to correct the condition. However, when the condition becomes too severe to be treated with medicines, surgery is the only alternative to fix the problem.

**Symptoms:** The symptoms of these conditions include stomach pain, cramps, diarrhea, loss of appetite, and weight loss.

- Treatment: The treatment involves the use of anti-inflammatory drugs.
- In severe cases, surgery may be recommended.

“ **Stomach Gurgling** Having meals at regular intervals, eating in moderation, taking adequate sleep, opting for healthy foods, exercising regularly and avoiding excess intake of carbonated beverages can undoubtedly help to prevent stomach gurgling in the long...



### Small Bowel Overgrowth Syndrome

Both the small and large intestine consist of particular strains of bacteria. A person is diagnosed with small bowel bacterial overgrowth when these bacteria are present in unusually large numbers in the small intestine.

- Causes: Certain medical conditions can put a person at a greater risk of developing SBBO.
- These consist of selective IgA shortage, motility conditions, diabetes, digestive obstruction, diverticulosis, and scleroderma.

### Diverticulitis

Diverticulitis is a condition that develops when the diverticula or the sacs located inside the stomach get irritated. Sharp stomach pain, fever, nausea, changes in bowel routines, etc., are the signs of diverticulitis.

Doctors are still not able to trace the causes of this bowel condition. Researchers believe that a bacterial infection in the digestive tract may lead to IBS. If the intestine is sensitive to certain foods, it can damage the colon giving rise to IBS. A weakened immune system vulnerable to viral infections may also lead to IBS.

People with IBS have sensitive bowels that simply can not tolerate alcohol intake. The irritation due to alcohol consumption can trigger intestinal spasms and intensify this inflammatory condition of bowels. The preliminary mood enhancing feeling of drinking alcohol may be followed by days of debilitating abdominal pain and diarrhea. So, if you are complaining about IBS, alcohol can make it agonizingly painful.



DiarrheaConstipationNausea

### Causes

As aforementioned, blood in stools is an indication of a disease, more specifically a gastrointestinal disorder. The most common causes of red or tarry stools include stomach ulcers and damage to the veins in the stomach during vomiting. Other causes are offered below:

**Symptoms:** The signs for this condition include groin pain, a feeling of pressure or heaviness in the groin, problem in passing stool, development of a lump in the groin, and intestinal obstruction. The intensity of pain may increase when the affected specific bends, coughs, or laughs. Hernia that becomes caught in the groin area is called incarcerated hernia. Strangulated hernia is an issue of hernia. It takes place when the blood supply is cut off to incarcerated hernia. It needs immediate medical attention.

### Other Causes

Medical problems associated with gastrointestinal system can also lead to floating and foul-smelling stool. However, in this case, feces drifting is frequently accompanied by discoloration of stools. Also the water content and the texture in these stools deviates from regular expectations. It is explained below:

- The exact cause for this condition is still not known, but abnormal muscle contractions of the digestive tract could be a factor.
- This kind of contraction could be either due to a problem of the brain (which controls muscle contraction) or the colon.
- The majority of the affected people experience either diarrhea or **constipation** mostly.
- In some patients, both conditions may alternate, due to the spastic action of the colon.
- Spastic colon causes include trigger factors, like certain foods, stress, other health problems, like intestinal infections.

Bacterial infections of the gastrointestinal tract, that activates inflammation of the intestinal tract can also cause drifting stools. For instance, people affected with irritable bowel syndrome, pass stools that tend to float. Also, in this condition, too much of mucus is observed in the stools. Also, during bowel movement the person experiences abdominal cramps. Inflammatory bowel diseases such as Crohn's disease and ulcerative colitis that cause inflammation and development of ulcers in the intestinal tract can also lead to feces floating. Besides, blood in the stools can also be spotted and is followed by abdominal cramping. In this condition, the stool also appear black and tarry.

### Lifestyle Changes

As stress has been considered as one of the causes of IBS, a part of the treatment also includes taking up measures which might help in managing stress. Parents should guarantee that their kids are getting enough sleep, as well as enough time to be involved in video games and sports. They must also be aware if the kids are working too much at school, and if they are in some way skipping meals in any part of the day.

- Ovarian Cyst: Ovarian cyst could be yet another cause.
- This is caused when a cyst, which is a fluid filled sac, is formed in the left ovary of a female.

Beside all these medical reasons, the pain may be due to injury or an abdominal muscle strain due to strenuous activity, like heavy workout or lifting up heavy objects. While conditions like gastritis or irritable bowel syndrome are not life-threatening, ectopic pregnancy or colon cancer definitely needs immediate medical attention. It is always a good idea to avoid self-diagnosis and get proper treatment done.

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